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## Denture & Partial Quick Tips

- Chew on both sides of the mouth to keep even pressure on the Removable Partial Denture.
- The gums and bony ridge can recede or shrink, resulting in a loose-fitting Partial
- Handling a Partial requires care. It's a good idea to stand over a folded towel or a sink of water just in case you accidentally drop the Partial.
- A regular, soft-bristled toothbrush is also acceptable. Avoid using a brush with hard bristles, which can damage the Partial.
- Brushing the Partial each day to remove food deposits and plaque helps prevent the appliance from becoming permanently stained. It's best to use a brush that is designed for cleaning Partials since it has bristles that are arranged to fit the shape of the Partial. We recommend brushing your Partial at least twice a day; doing so after every time you eat is best.
- Cleaning between your teeth daily will help prevent tooth decay and gum disease that can lead to tooth loss.
- Look for Partial cleansers with the American Dental Association (ADA) Seal of Acceptance. Products with the ADA Seal have been evaluated for safety and effectiveness.
- Some people use hand soap or mild dishwashing liquid to clean their Partial; both are acceptable. Other types of household cleaners and many types of toothpaste are too abrasive and should not be used for cleaning Partial.
- At night, the Partial should always be placed in a soaking solution or water since a Partial could lose its proper shape if it is not kept moist.
- Pay special attention to cleaning teeth that fit under the Partial's metal clasps.
- Plaque that becomes trapped under the clasps will increase the risk of tooth decay



Removable Partial Dentures that do not fit properly should be adjusted. Loose Partials can cause various problems, including sores or infection.

Please call us at (208) 343-1393 if you are uncomfortable and we will be happy to assist you.