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## Post-Sedation Instructions

### Below are a few important instructions and reminders:

- Patient cannot drive or operate any hazardous devices or machinery for 24 hours after taking sedation medication.
- A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until fully recovered.
- Having nutrition after sedation is important. The patient should begin eating appropriate food as soon as possible. Do not delay.
- Patient needs to drink plenty of fluids as soon as possible.
- Patient may seem alert when he/she leaves. This may be misleading so do not leave the patient alone.
- Patient should not carry, sleep next to or be left alone with young children for a period of no less than 24 hours after the last dosage of medication.
- Always hold patient's arm when walking.
- Drive directly home, call the office when you arrive home and the patient is comfortable and safe.

Call us at (208) 343-1393 if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.

Some patients experience discomfort following dental procedures. You may be provided with medication for discomfort that is appropriate for you. In most cases, a non-narcotic pain regimen is recommended consisting of acetaminophen (Tylenol) and Ibuprofen (Advil). These two medications TAKEN TOGETHER will be as effective as a narcotic (without any of the side effects associated with narcotics). If a narcotic has been prescribed, follow the directions carefully.

If you have any questions about these medications interacting with other medications you are presently taking, please call our office, your physician and/or your pharmacist.